



Gotu Kola Complex

Support for your body's natural tissue repair process



Delivering Health Solutions That Work

MediHerb was co-founded in 1986 by world-renowned phytotherapist, Associate Professor Kerry Bone. In his words, "Our passion at MediHerb is to unlock the healing power of plants by combining the time-honored wisdom of traditional knowledge with sound clinical experience and the rigor of scientific research. This quest can only be attained by the total commitment to quality and continuous improvement which permeates every aspect of our endeavors."

In over 25 years of operation MediHerb has not only demonstrated an unwavering commitment to quality in herbal products, we have redefined it. We believe our unique approach to quality sets a standard for herbal products that is unsurpassed in the world today.

Kerry Bone and over 20 health care professionals work within MediHerb while still maintaining their own clinical practices. We know from our experience that the quality of a product you take makes a huge difference to the health outcome you experience. We dedicate ourselves to researching and making the best possible products to deliver you health solutions that work.

MEDI HERB
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Promotes Tissue and Capillary Integrity



Gotu Kola Complex



MEDI HERB

Gotu Kola Complex – Support for Your Body’s Natural Tissue Repair Process

Our bodies have a wonderful capacity for regeneration – maintaining and repairing themselves continuously while we carry on with our busy lives.

Healthy circulation is crucial to our overall well-being. It is also an important part of our innate natural repair process: blood carries vital nutrients and clears away wastes, giving tissues the best opportunity to regenerate. Gotu Kola, an ancient energizing herb, is popular worldwide as a natural way to keep the vascular system in good condition and promote normal blood circulation.

Also known as Indian Pennywort, Gotu Kola has been prized for thousands of years in traditional practice. It can be a powerful aid to maintaining good health by supporting healthy connective tissue and the integrity of blood vessel walls.*

What is Gotu Kola Complex?

Gotu Kola Complex is a synergistic combination of Gotu Kola herb and concentrated extracts of Grape Seed and Ginkgo leaf.

These potent ingredients work effectively to help promote, maintain and support connective tissue and the body’s natural repair process. This unique formula can also assist normal circulation and maintain the elasticity of our veins and arteries.

Clinical trials have shown that Grape Seed can support blood vessels.¹⁻⁴ Its powerful antioxidant properties can help protect against free radical damage. Ginkgo also provides antioxidant protection and supports healthy circulation.*

How is Gotu Kola Complex Unique?

Gotu Kola Complex is a novel tissue support product designed by Associate Professor Kerry Bone and MediHerb’s team of clinical experts. In this well-balanced formula, the Gotu Kola component is standardized to contain 50 mg of triterpenes per tablet.

Each tablet also contains 25.5 mg per tablet of procyanidins from Grape Seed. The Ginkgo component contains 4.8 mg of ginkgo flavonglycosides and 1.2 mg of ginkgolides and bilobalide per tablet. The guaranteed levels of these active ingredients ensure premium strength and quality.

MediHerb sources only the highest quality herbs. Then we test them extensively to deliver you an optimal product.

Who Needs Gotu Kola Complex?

Almost everyone can benefit from taking Gotu Kola Complex. Use it to aid in the body’s normal tissue repair process, ensure good circulation and promote healthy blood vessels.

Useful in supporting any connective tissue (including skin, duodenal and stomach tissue), Gotu Kola Complex may also assist the body’s normal process for fluid drainage from tissues. If you’re an athlete putting your connective tissues under stress, you’ll also benefit from Gotu Kola Complex.*



Compelling Benefits

Gotu Kola Complex is an effective combination of beneficial herbs and compounds. Combined, they help to:

- Promote healthy skin and connective tissue
- Support the body’s normal tissue repair process
- Promote normal development of connective and epithelial tissue, particularly during times of increased stress, for example athletic performance
- Promote healthy blood vessels
- Support stomach and duodenal tissue
- Provide antioxidant protection
- Promote the body’s natural tissue drainage process*

Ask your health care professional today if Gotu Kola Complex is the right tissue support formula for you. They will also inform you of any cautions to be aware of when taking this product

¹ Beylot C, Bioulac P. *Gaz Med Franc* 1980; 87: 2929

² Dubos G et al. *Rev Geriatrie* 1980; 5: 302

³ Dartenuc JY et al. *Bordeaux Med* 1980; 13: 903

⁴ Lagrue G et al. *Sem Hop* 1981; 57: 1399

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

You Can Rely on Gotu Kola Complex